



## **Friends of Richmond Foundation**

Richmond Foundation heavily relies and depends on donations given by benefactors. Friends of Richmond Foundation believe in the aims and objectives of the Foundation and they provide financial and practical support to the organisation. Every donation and any kind of input and effort are very much appreciated. Service users are also encouraged to join this group.

Why should you join Friends of Richmond Foundation?

Because you believe that:

1. Every person is unique, has potential for growth and should be treated with respect and dignity;
2. Good mental health is part of one's overall well-being and thus it needs to be promoted;
3. Persons with mental health difficulties have the right to be empowered to exercise their rights and responsibilities;
4. Persons with mental health difficulties have the right to access information which promote the greatest degree of self-determination and informed choice;
5. The best way of addressing mental health difficulties is through community-based services; and,
6. The Foundation needs practical and financial support to continuously grow and expand services in response to society's needs, while ensuring the ongoing consolidation of its services;

By becoming a Friend of Richmond Foundation you will:

- Support Richmond Foundation financially;
- Receive a copy of the Newsletter;
- Be invited for main events;
- Encouraged and supported to become an active volunteer (this is optional).

To become a Friend of Richmond Foundation one needs to fill a designated application form.