## **Richmond Foundation Annual Conference**

21st November 2023 - Villa Arrigo, Naxxar

## From Stigma to Strength:

## Honoring 30 years of Mental Health Advocacy

## **Conference Programme**

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08.30	Registration
09.00	Welcome Speech Ms Daniela Calleja Bitar Acting Chief Executive Officer Richmond Foundation
09.15	Opening Speech Mr. Jesmond Saliba Commissioner for Voluntary Organisations
09.30	Dr. Stephanie Xuereb Chief Executive Officer, Mental Health Services Transforming Mental Health Care Through Mental Health Advocacy
10.05	Mr. Peter Kéri President Global Alliance for Mental Illness Advocacy Networks Europe (GAMIAN-Europe) The Past and Future of Patient Involvement in the Mental Health System
10.45	Coffee Break
11.15	Dr. Erika Galea Director of the Educational Neuroscience Hub Emotion Regulation Strategies for Effective Teaching, Learning and Well-Being
11.50	Mr. Richard Walsh Associate Director Advocacy Services, ReThink Mental Health UK Mental Health Advocacy – Individual Rights to System Change
12.30	Q & A Session
13.00	Lunch & Networking
14.15	Mr. David Spiteri Gingell Management Consultant Journeying Through the Storms of Being Bipolar 2: A Journey of Empathy and Resilience At the Workplace
14.45	Ms Helen Bennett Adferiad Mental Health and Addiction Support Services - Wales Reducing Stigma Through Coproduction in Employment, Education and Training - A Journey With Adferiad
15.20	Address by Dr. Roberta Metsola President of the European Parliament
15.35	Closing Speech Dr. Denis Vella Baldacchino Commissioner for Mental Health